



Revolution Times

JOIN THE REVOLUTION OF RESPONSIBILITY

By James Damon



You might be wondering what the 4-H Revolution of Responsibility is, so we asked some 4-H'ers at the State Fair to explain what it meant to them. Austin from Chautauqua County said "It's about being responsible and following the rules". Maddie from Wayne County said "To start a movement of responsibility through teen programs such as 4-H." And Ethan from Livingston County said "It's about teaching people how to be responsible, and always acting responsible." The actual definition of the 4-H Revolution of Responsibility is, "A movement for positive change in every community in America. 4-H youth are a living breathing, culture-changing revolution for doing the right thing, breaking through obstacles and pushing our country forward by making a measurable difference right where they live." So join the movement toward meaningful change, join the Revolution of Responsibility!



4-H Welcome Booth Welcomes All Fairgoers!

By Felix Chen

The 4-H Welcome Booth provides directions, event details and other information such as times and places open. The people at the Welcome Booth are very nice, funny and always making people laugh. They always smile, give you their best attitude and will always answer your questions. Asking for directions is always direct and easy to understand because they will be telling you the direction to walk and

what's going to be around the place you are looking for. When providing directions, they'll also tell you the best places to visit and what to see at the State Fair. For example, they may suggest visiting the baby chicks because you'll be able to hold them and feel their soft feathers. They'll tell you where the best food can be found at the State Fair, and the most cost effective places to eat. They may suggest food

you might not typically find, like alligator meat or shark meat! Taina Benjamin, Todd Wallace, and Madeline Collier were the youth working in the Welcome Booth. I spoke with them about their experience working at the Booth: Taina said "I love 4-H with all my heart and because of that... I love green too!" Todd said when in need for directions, "Come to us for the place you seek and we'll point you to the

place to be". Madeline displayed her 4-H heart saying "I come here (4-H Welcome Booth) to meet my fellow 4-H peeps and to help others with needs or wants." Without the Welcome Booth and the people in the welcoming booth, people at the NYS Fair would not have the same experience!

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More Fun Than You Can Do In One Day

By Gavin Hughes

There are many fun things to do here at the State Fair. There is honestly too much to do in one day! At the midway there are lots of games and rides to be enjoyed by many paying customers. Who knows, you might be able to win a prize! There are many shows and concerts that are free. At the Midway Music series across from the 4-H building, there are multiple talent shows and concerts going on throughout the day. There is also a free show called Sea Lion Splash in the same general area. Another fun free event is the Hot Dog Pig Rac-

es, a mash up of dachshund and pig racing. I was able to interview a young boy named Ben, who was lucky enough to be the track official for all the races. His favorite race was when the dachshunds were dressed up as super heroes. He found it very entertaining. There are many weird and cool sideshows to go to. For the right price, one can view everything from shrunken heads to a giant snake to a two headed cow. Upon seeing the giant snake a fairgoer described the beast: "It's cool, humongous, and scary, all mixed into one thing." For



more information on shows, refer to the free Insiders Guide on the Great New York State Fair. If you're looking for more free activities, come to the 4-H building. There is always plenty of fun activities and cool exhibits.

*For more up-to-date information
visit www.nysfair.org*

4-H Hot Spots

By Gavin Hughes

Inside and outside of the 4-H building there are some cool things for you to enjoy while walking around. You can see the chickens inside, or go outside to the horse barn, to the dairy barn, to the sheep barn, or to the goat, llama, and swine barn. Inside the 4-H building there are many booths that have hands-on activities. Some are fun, some are a bit dry, but the coolest booths are the GPS/GIS booth, the Shooting Sports booth, and the Robotics booth. At the GPS/GIS booth you can use the computers to look anywhere in the U.S.A or the world. At the Shooting Sports booth, you can learn about Shooting Sports, and you can play the laser shot. Laser shot is a shotgun simulator. You use a pellet gun retrofitted with laser pointer to shoot at simulated clay pigeon (an orange disc). In my opinion, the Robotics booth is the best



both in the entire building. The Greater Rochester Robotics team of engineers has won four championships. During the championships they are given a box of parts and are instructed to build a robot to do a specific task. The task changes every year, and this year it was basketball. This smart group of individuals built robots that can do it. A fairgoer I talked to thought it was very cool, and anyone who witnesses it can surely agree. I was able to get an interview with three people from the Liverpool High School Arctic Warriors robotics team: Phil, Kunal and Sam. When asked why they got into robotics, Phil said "I decided to do robotics because the word robotics was interesting to me. I felt that it would be fun to do, and I was right." Kunal replied "When I found out there was a robotics club at my school, I went Hmmmm.... Sounds awesome! and I decided

to join." Sam said, "The way I got into robotics was because of a friend. She introduced me to it, and I've been in love with robotics ever since." That team went to championships in Rochester, competing against 40 teams, and then Washington, competing against 60 opposing teams. They came in 3rd in both events. Depending on the days you come, there will be different teams and different robots.



Homeland Security & Emergency Service, Keeping 4-H'ers Safe!

By Corey Slocum

The Office of Fire Prevention & Control (OFPC) and 4-H have a similar mission statement. Both are out to provide education to our communities but the subject matter of education varies between the two. For OFPC, the main goal is to talk about fire education and to get the word out on fire safety and what to do in case of a fire at home, school, work or even at The State Fair. For 4-H the focus of education is on healthy lifestyles, citizenship, and STEM (Science, Technology, Engineering, and Math).

Pablo Davis of the Division of Homeland Security & Emergency Service gave a brief history of the OFPC coming to The Fair. In 2002 the Syracuse Fire Department, Firemen's Association of the State of New York (FASNY), Onondaga County Fire Service and the OFPC were asked to do some public education through Safety Town at the New York State Fair, including daily puppet shows, House of Hazards and other activities to help kids understand fire safety. At the six o'clock parade, the men and women of OFPC march with Sparky the Fire Dog, Freddy the Fire Truck, and a robotic fire hydrant.

At the New York State Fair there are four OFPC officers on duty. During the day they walk around The Fair doing fire checks and code enforcement. This year the OFPC started working with the Fair employees and teaching them fire safety. Before the Fair

opened the OFPC officers did a walk through the fairgrounds looking for fire safety issues.

Located on the Fairgrounds is a command post which is 34 feet long. This command post is the base for the OFPC. Every morning at 9 am a representative from each of the departments of The Fair have a meeting, including the garbage department.

The OFPC is also working along with the Solvay Fire Department and running on State Fair calls from their onsite fire house. When the OFPC goes to a call with Solvay on the Fairgrounds their duty is to help out with crowd control. Just before the interview OFPC Officer Davis and his partner came from helping to resolve a propane issue. During the interview with the OFPC guys had to leave and go on a call for a smell of something burning by the Coliseum. Shortly after that the Fire alarm in the 4-H Youth Building went off. As soon as everyone was entering the building, the alarm went off a 2nd time and a Deputy Chief of the Solvay Fire Department showed up and went thought the building. In the end, there was no fire, just the alarm went off.

Overall, the educational missions of 4-H and OFPC are similar, but thanks to OFPC's dedication to fire safety, youth working and sleeping in the 4-H Building are safer than ever!



Junior Superintendents are the people who help make things at the 4-H building run smoothly. These are their responses when asked why they decided to be Junior Superintendents.

"I love working with people"- Lisa Ceurta, Cortland County

"I want to help others out"- Corey Slocum, Yates County

"I always have looked up to the teen assistants, so I wanted to be one as well"- Anna Carmichael, Cayuga County

"I enjoy giving back/helping out and it is a great opportunity to meet new people"- Emmett Anderson, Orange County

"I enjoy meeting new people and helping out"- Tessa Brown, Broome County





Fun Foods vs. Healthy Foods

By James Damon

For more information on healthy food vendors, visit the GPS/GIS booth

Throughout the fair, there are many food stands where you can buy different kinds of food and drinks. However, some of these stands might not sell what you would expect! The “Tim Horton’s” booth sells both donut burgers, and donut meatball subs! “Ye Old Ox Roast” sells a milkshake made from maple syrup, and there’s a stand devoted to only bacon! But the most unique of all the stands, has to be “Stix And Things”. They sell a variety of foods including ostrich, boar, and buffalo jerky. And, they also have shark, and kangaroo on a stick!

You might be wondering what this has to do with 4-H, well, nothing! Eating different types of foods can be a fun experience at the fair, but there are other food stands available with healthier food options, more in line with 4-H’s Healthy Living initiative. This is a pro-

gram that helps youth understand the importance of eating right, physical fitness, being active and practicing good hygiene. One example of a healthier alternative is the “Fresh Fried Vegetables” cart, which sells only healthy vegetables. Also, some of the stands and carts offer healthier alternatives to their normal food. “Choose Health” is a great program, so try to keep an eye out for any of these healthy alternatives!



New York State, National 4-H Council and United Healthcare Announce New Program at State Fair—*Eat 4-Health*

“*Eat 4-Health* is very important in that it teaches kids how to make healthy choices, and eating right. There are so many foods out there that have high sugar, high fat, but there are healthy choices and alternatives. Obesity in our country is now at a crisis level, over one third of the adult population is obese, and more than twenty percent of children are obese. And this is affecting our federal budget in a huge way, increasing the cost of health care for everyone. We have to address both eating right, and the need for physical activity, and *Eat 4-Health* does just that.” ~ Ann Veneman, Former U.S. Secretary of USDA and current member of National 4-H Council Board of Trustees



4-H Press Corp member James Damon speaks with former Secretary of USDA, Ann Veneman

“To achieve this program, you must become trained in your eating habits and in the program to teach others the importance of healthy living. It’s important to get rid of this epidemic of obesity.”

~ Dr. Alan Mathios, Cornell University Rebecca Q. and James C. Morgan Dean of the College of Human Ecology



4-H Press Corp member Gavin Hughes speaks with Cornell University Dean of Human Ecology, Dr. Alan Mathios



Press Core-2nd Session, 2012

From left to right: James Damon- Livingston County, Felix Chen- New York City, Corey Slocum- Yates County, and Gavin Hughes- Saratoga County

I Pledge...

My Head to clearer thinking,
My Heart to greater loyalty,
My Hands to larger service,
and My Health to better living,
for my Club, My Community,
My Country and My World.

JOIN | THE REVOLUTION OF RESPONSIBILITY